



Monday, July 9

Dinner Ground beef medallions with lingonberry cream sauce, pickled cucumbers and new potatoes (L)

Tuesday, July 10

Breakfast Breakfast buffet with porridge (G, L, Ä), allergen free choices are available

Lunch Chorizo stew with potatoes and rice

Dinner Summer buffet with 3 kinds of cold cuts, herring, mimosa salad (canned fruit, sour cream, mayonnaise, Dijon mustard), potato salad, bread and butter (L, Ä)

Wednesday, July 11

Breakfast Breakfast buffet with porridge (G, L, Ä), allergen free choices are available

Lunch Chicken breast with tarragon sauce, potatoes and rice (L)

Dinner Meatballs, gravy, potatoes, lingonberries and cucumber (L)

Thursday, July 12

Breakfast Breakfast buffet with porridge (G, L, Ä), allergen free choices are available

Lunch Breaded pan fried cod with Skagen sauce (shrimp, mayonnaise, sour cream, onions, Dijon, Worcestershire sauce), boiled new potatoes with dill (G) Gluten free fish is available

Dinner Smoked ham with red wine sauce and

Friday, July 13

Breakfast Breakfast buffet with porridge (G, L, E), allergen free choices are available

Lunch Spicy Stroganoff made with Falu sausage; rice (L)

Dinner Fish stew Provencale with rice and potatoes (L, F)

Saturday, July 14

Breakfast Breakfast buffet with porridge (G, L, Ä), allergen free choices are available

Lunch Ground beef patties with pepper sauce, potatoes and rice (L)

Dinner Marinated pork loin, bbq sauce, potatoes

Sunday, July 15

Breakfast Breakfast buffet with porridge (G, L, Ä), allergen free choices are available

Lunch and dinner include

Three kinds of salads/fresh vegetables (uncooked)

Crisp bread, butter

Mealtime drink

See below for allergens

List of allergens (brackets above show foods containing allergens)

G = Gluten

L = Lactose (incl. milk products)

K = Crustacean

J = Peanuts

Ä = Egg

F = Fish

N= Nuts

S = Soya beans

S1 = Celery

S2 = Mustard

S3 = Sesame seeds

S4 = Sulfur dioxide and sulfites

L1 = Lupin

B = Mollusca